

## Gail's Mile-A-Minute Quilt Block Instructions



1. Start with a strip and sew scraps down its length. Press seams.

2. Cut the strip + scraps into pieces, then **randomly** sew those down the length of another strip. Do not keep them in any order. Rotate them around. Press, etc.

3. Get another strip and sew those pieces down in a random fashion.



4. Continue until you have a patch bigger than your square ruler. The block will appear to have straight edges so **you need enough pieces sewn together so the patchwork is large enough for your square ruler to be placed at an angle.**

5. Once you have a larger-than-block size, you can **lay the ruler down at an angle. Do not line it up along all those straight seams!**



6. Now just cut out a block with your rotary cutter. **Tilt the ruler as much as possible when you cut out the block.** You want your seams in your block to be on an angle.



7. Next, make a quilt sandwich, attaching batting and backing to each block and machine quilt. I like to use flannel on the back of my quilts as it makes them cozier and keeps them from slipping off of the bed.

8. I usually sash this quilt using the "quilt-as-you-go" method, using 1" strips on the top and 1 5/8" strips folded in half on the back.

9. Use a design wall to arrange your blocks the way you want. You can use a flannel backed tablecloth for this. Turn the cut sections all different ways and distribute the colours.

Using masking tape, label each block (across A, B, C, etc., and down 1, 2, 3, etc.), then start sewing them together.

Sample of block labelling

A 1	B 1	C 1
A 2	B 2	B 2
A 3	B 3	C 3

